

# I.C.C.L. JV Volleyball Rules and Regulations 2018

Volleyball practices can begin October 8<sup>th</sup>.

**Hosting schools will provide balls for warm-ups prior to the start of each match.**

Please have at least 10 balls on hand for use by both teams.

All JV team competitions will use a volley-lite volleyball.

Each roster must consist of at least 10 players. Teams will be limited to 20 uniformed players and 2 coaches/assistant coaches for each match plus a scorekeeper/statistician for a total of three staff members on the bench. Only two members will be allowed free into the match.

Dividing one team into two teams can occur with a total of 18 girls participating. Exceptions can be made with the approval of the Volleyball League Coordinator and the I.C.C.L.

All players should be at the gym ready to play 30 minutes prior to the scheduled start time of their match. For teams playing the first match of the day, 15 minutes is sufficient. Any match may be started no more than 10 minutes ahead of schedule at the discretion of the referee pursuant to the previously stated arrival policy. Players should be in uniform to gain entrance to the gym without paying an entry fee.

All rules and regulations will follow the Volleyball Rules Book of the National Federation of State High School Associations as adapted by the I.H.S.A.A.

The following are clarifications and/or adjustments to those rules:

DURING REGULAR SEASON PLAY WHEN TEAMS PLAY THREE GAMES (SETS) PER MATCH, IF A TEAM WINS THE FIRST TWO GAMES (SETS) OF THE MATCH THEIR LINE-UP FOR THE THIRD GAME WILL REFLECT THEIR WEAKER PLAYERS AND THE COACH WILL MAKE EVERY EFFORT NOT TO ADVANCE THE SCORE AGAINST THEIR OPPONENT.

## **PLAYING REQUIREMENTS**

1. THE LINE-UP FOR THE SECOND GAME (SET) MUST START ALL PLAYERS WHO DID NOT START IN THE FIRST GAME (SET).
2. SUBSTITUTIONS CAN BE MADE ONCE THE COMBINED SCORE DURING THE FIRST GAME OR SECOND GAME (SETS) REACHES 10 POINTS. THERE ARE NO SUBSTITUTION RESTRICTIONS FOR THE THIRD GAME (SET). A COACH MAY SUBSTITUTE PLAYERS AT THEIR DISCRETION BUT PURSUANT TO I.H.S.A.A. RULES. Players and Coaches should know the guidelines for proper substitution. Substitutions should be practiced before the season play begins. Substitutions for the third game (set) can begin at any point.

3. THE USE OF A LIBERO IS ALLOWED. Each team using a Libero should be prepared to provide a Libero Tracker for the match. If both teams are using a tracker, the home team will furnish one for both teams. The Libero Tracker must sit at the scorekeeper's table unless directed otherwise by the referee. **THE LIBERO IS EXEMPT FROM ALL RULES PERTAINING TO "PLAYING REQUIREMENTS" NUMBERS 1 AND 2 ABOVE.**

### **COURT SPECIFICATIONS**

1. The regulation height of the net is 7 feet 4 1/8 inches. Nets MUST be lowered to a height of 7 feet for this level of play. If a problem exists with a school's net equipment which does not allow for the lowering of the net, the I.C.C.L. Rep or the Athletic Director must contact the I.C.C.L. League Director for 5<sup>th</sup> & 6<sup>th</sup> grade volleyball.
2. The service area can be from any spot along the length of the back of the court but not outside the boundaries of the sidelines. Additionally, girls may step forward of the back end line in order to serve. This movement forward shall not exceed 23 ½ feet from the net. On a regulation size court, this would be 6 ½ feet forward from the end line. This should be measured from the net back towards the end line for accuracy, especially on courts of slightly smaller sizes. Hosting schools should mark this area with tape for additional clarity for players and referees.

### **UNIFORM STIPULATIONS**

1. All players must wear knee pads.
2. Uniforms, especially shorts, should be consistent throughout the team.
3. Standard bobby pins and flat, 2 inch, plain, non-adorned, hair clips are allowed. Otherwise, no metal, plastic and/or wood jewelry or hair clips of any kind may be worn during a match.
4. No taping of earrings will be allowed for any reason.  
**THERE ARE NO EXCEPTIONS TO THIS RULE!**

### **SCORING AND GAME CLARIFICATIONS**

1. All games (sets) will be scored using rally scoring. Rally scoring awards a point to the appropriate team with each loss of rally, i.e. a point with each dead ball. A dead ball results when the ball is out of play - hits the floor, out of bounds, etc.- and/or the referee blows the whistle.
2. During regular season play, each match will consist of 3 games (sets). The first two games (sets) are played to 25-points (cap). This means the first team to score 25 points wins. The third game (set) is played to 15 points (cap) and ends when one of the teams reaches 15 points. A team does not need to win by a two-point margin. This rule does not apply to the tournament. Please see "End of Season Tournament" below.
3. A let serve, that is, a serve that hits the top of the net between the two antennas before being received by the opponent, is considered a legal serve and will be allowed.
4. No games (sets) will be timed.
5. There are two 1-minute time-outs per team per game (set). No additional time-outs are given without penalty.

### **SCORE KEEPING AND REFEREES**

1. All host schools should maintain legible score sheets of all matches. If requested, a binder or folder will be supplied to each school for this purpose. Binders should be left in an area accessible to the I.C.C.L. Volleyball Coordinator, referees and scorekeepers.
2. Hosting schools should provide trained and competent scorekeepers who are at least high school age.
3. A copy of the Rules and Regulation should be kept at each scorekeeper's table.
4. If needed, the I.C.C.L. Volleyball League Coordinator will pick up score sheets periodically throughout the season.
5. REFEREES WILL BE PAID AT THE RATE OF \$25.00 PER MATCH. In addition, referees should be paid for all matches which are forfeited, excluding the final match. If the final match is forfeited, the referee is free to leave.
6. The I.C.C.L. will reimburse hosting schools 75% of the referees fees paid. The I.C.C.L. Volleyball League Coordinator will notify the I.C.C.L. Treasurer of how many matches were scheduled throughout the season. A hosting school may keep any additional documentation at their discretion.

### **SCORE REPORTING**

The Hosting School (the site where the match is played) must report the scores for the matches played at their gym. These scores must be reported within two days following the completion of the matches. The scores can be put directly on the I.C.C.L. website, <http://www.icclsports.org> Click the communications button, scroll down to the bottom of the page, click Coach's only and follow the prompts from there. Scores may also be reported by contacting the League Director.

### **ROSTERS AND NOTIFICATION OF LEAGUE TEAMS**

1. NOTIFICATION BY THE SCHOOL'S ATHLETIC DIRECTOR OR THE SCHOOL'S COACH AS TO HOW MANY TEAMS WILL BE PARTICIPATING IN THE JV LEAGUE MUST BE COMPLETED BY: **THURSDAY, OCTOBER 15, 2015.**
2. ROSTERS AND THE COACH'S CODE OF ETHICS FORMS MUST BE SUBMITTED BY: **THURSDAY, OCTOBER 30, 2015.**
3. Rosters must be signed by the school's principal or pastor and can be sent by mail or fax to the information on the last page of the Rules and Regulations. Forms may be found on the I.C.C.L. website, <http://www.icclsports.org>.
4. Only girls in the 6<sup>th</sup> grade and below are eligible to play at the JV level. All girls must be registered and attending respective parish school. **THE INCLUSION OF 4TH GRADE PLAYERS AND/OR CCD PLAYERS IS NOT ALLOWED.**

### **COACH, PARENT AND PLAYER CONDUCT**

1. All coaches, parents, and players should adhere to the guidelines set forth in the I.C.C.L. Coach's Code of Ethics and the Athlete Contract containing the Parent's Code of Ethics. In addition, all individuals should adhere to the highest standard of Christian and sportsmanlike behavior. The referees, hosting school coordinators, I.C.C.L. Volleyball Coordinator, and/or the I.C.C.L. organization may sanction any infraction which does not meet these standards.
2. Coaches are responsible not only for themselves and their players but for the parents and fans.
3. Coaches are responsible for the well-being of the players while in their care. A coach should never leave a child from their team unattended.

4. Coaches should be in possession of an I.C.C.L. Emergency Medical Authorization Form for each player in case of an emergency.
5. Coaches should make sure their players are respectful of all properties of the hosting school. This would include, but is not limited to, not allowing players to play with or practice using balls in a hosting school's corridors and/or cafeterias.
6. RESPECT SHOULD ALSO BE GIVEN TO THE SCOREKEEPERS. ONLY COACHES SHOULD APPROACH THE SCOREKEEPER'S TABLE AND ONLY AFTER A DEAD BALL. REFRAIN FROM YELLING AT THE SCOREKEEPER'S TABLE AT ANY TIME DURING THE MATCH.

### **LINE JUDGES**

1. Each team will supply one person of at least 18 years of age to line judge each match. This person should be properly trained in the responsibilities of line judging.
2. Failure to provide a line judge could result in the match being scored as a loss for the offending team.
3. Line judges must report to the referee before the beginning of the match.
4. Line judges should not coach or instruct the players at any time during the match or between games (sets).
5. Line judges should remain neutral during the match and refrain from cheering or expressing emotion toward either team.
6. Line judges should not use their cell phone or any electronic device during the match.
7. Line judges are responsible for assisting the referee, not replacing him/her. The referee is ultimately responsible for the calls made during the game and as such may, at their discretion, over-rule the line judge.

### **END OF SEASON TOURNAMENT**

1. The end-of-the-season tournament will be single elimination played in the traditional format of the best 2-out-of-3 games (sets).
2. The first two games (sets) will be played to 25-points and the third game (set) will be played to 15 points but each game (set) in tournament will be played with NO CAP meaning a team must win by a two point margin in order to win the game (set).
3. Team pairings for the tournament will be determined by blind draw.

All correspondence should be addressed to:

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